

Smoothie Menu



Smoothie Hours:
9:30a.m. – 1:30 p.m.
Daily



All Smoothies

\$7.99

*unless otherwise stated

Custom Smoothie Pick your own ingredients, limited to ingredients on menu, Boosts available at additional cost

Summer Bliss Apple juice, coconut water, strawberries, raspberries, mango, banana, optional: ginger

Tropical Twister Coconut water, strawberries, pineapple, mango, banana, optional: ginger

Oo la Latte Almond milk, Mt Hagan instant freeze-dried coffee, almond butter, banana, hemp seeds, coconut crystals

Creamy Vanilla Almond milk, cashews, chia, vanilla, maca, coconut crystals, banana, pear, +/- berry of choice (\$0.50 extra): (strawberry, blueberry, raspberry)

Chocolate Dream Almond milk, cacao powder, cacao nibs, banana, almond butter, hemp seeds, coconut crystals

Body Builder Almond milk, peanut butter, cacao powder, cacao nibs, banana, RAW protein, hemp seeds, coconut crystals

Pistachio Mint Almond milk, bananas, pistachios, mint, spinach, dates

Popeye Apple juice or coconut water, blueberries, strawberries, banana, spinach, lemon peel, hemp seeds

***Kid's Popeye** Apple juice, strawberries, banana, blueberries, spinach **\$6.99 (12 oz.)**

***Green Machine** Coconut water or almond milk, romaine, kale, spinach, carrot, pear or banana, hemp seeds, maca. *A blended whole vegetable smoothie.* **\$9.99**

BOOSTS

- **Garden of Life RAW protein** - \$1.00
- **Matcha Powder** - \$2.00
- **Organic Nut Butter**, peanut or almond - \$1.00
- **Organic Greens**, spinach or kale - 50¢
- **Fresh Ginger or Maca Powder** - 50¢
- **Organic Berry Boost**, strawberry, blueberry, or raspberry - 50¢

Our smoothies are 16 oz., unless otherwise stated.

The apple juice, coconut water and almond milk are organic. All of the fruits and vegetables are organic, unless otherwise stated.

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